

RUGBY JOHNSEN FIELD

GIRLS TRACK & FIELD RECORDS

| <u>EVENT</u> | <u>HOLDER</u> | <u>SCHOOL</u> | <u>RECORD</u> | <u>YEAR</u> |
|---|--|-------------------------|----------------|-------------|
| 100 METER DASH..... | Kelsey Aide..... | Bottineau | 12.2..... | 2006 |
| 200 METER DASH..... | Kelsey Aide..... | Bottineau | 25.3..... | 2005 |
| 400 METER DASH..... | Adrienne Thomas..... | Park River/FLAEE..... | 58.7..... | 2007 |
| 800 METER RUN | Lindsay Anderson | Benson County..... | 2:18.8..... | 2008 |
| 1600 METER RUN | Lindsay Anderson | Benson County..... | 5:04.6..... | 2004 |
| 3200 METER RUN | Lindsay Anderson | Benson County..... | 10:41.8..... | 2007 |
| 100 METER HURDLES | Adrianna Friezen..... | Carrington | 14.5..... | 2004 |
| 300 METER HURDLES | Whitney Carlson | Carrington | 44.0..... | 2005 |
| SHOT PUT | Tara Copenhaver..... | Carrington | 44' 1½" | 2000 |
| DISCUS | Sara Neubauer..... | Bottineau | 142' 9" | 2006 |
| JAVELIN (Rubber Tipped-New Rules) | Amanda Krahler..... | Wells County..... | 142' 11" | 2002 |
| HIGH JUMP | Erika Hohenstein..... | New Rockford | 5' 5" | 1980 |
| LONG JUMP | Whitney Carlson | Carrington | 18' 6½" | 2005 |
| TRIPLE JUMP..... | Sarah Fegley..... | Minot Bishop Ryan | 38' 8" | 2007 |
| POLE VAULT..... | Kelsey Aide..... | Bottineau | 12' 0" | 2006 |
| 4 x 100 METER RELAY..... | Courtney Hahn, Marcy Loewenberg | Bottineau | 51.4..... | 2005 |
| | Sarah Wendel, Maribeth Geiszler | | | |
| | Kelsea Volk, Emily Paul | Rugby | | 2008 |
| | Casandra Blessum, Crystal Hovland | | | |
| 4 x 200 METER RELAY..... | Anna Knutson, Brittany Berndt | Velva/Drake..... | 1:48.2..... | 2008 |
| | Brittney Thingstad, Courtney Thingstad | | | |
| | Kelsea Volk, Emily Paul | Rugby | | 2008 |
| | Casandra Blessum, Kirsten Welk | | | |
| | Jocelyn Dinius, Sydney Ellingson | Langdon/Munich | | 2012 |
| | Julie Dinius, McKenzie Hart | | | |
| 4 x 400 METER RELAY..... | Denise Railing..... | Devils Lake | 4:08.8..... | 1987 |
| | Rhonda Hall | | | |
| | Daurcey Deutsch | | | |
| | Kristy Tong | | | |
| 4 x 800 METER RELAY..... | Bobby Grann..... | Benson County..... | 9:29.9 | 2004 |
| | Krista Anderson | | | |
| | Jordan Callahan | | | |
| | Lindsay Anderson | | | |